

## INSTRUCTIONS FOR AUTHORS

The journal, published quarterly, accepts articles written in English and edited in Microsoft Office Word 2003-2007. Authors should submit their electronic manuscripts at the following e-mail address: [studia.fefs@yahoo.com](mailto:studia.fefs@yahoo.com)

### PAPER EDITING CONDITIONS

**Page Layout:** Orientation: Portrait; Paper size: A4; Margins: Top: 2 cm, Bottom: 2 cm, Left: 2 cm, Right: 2 cm.

**Title:** Times New Roman, size 14, Bold, UPPERCASE, Centered.

**Name(s) of the author(s):** Surname, First name (Times New Roman, size 12, Bold, UPPERCASE, Centered), followed by the author's institution, address and e-mail address of the first author.

**Abstract:** Times New Roman, size 10, line spacing 1.0, Justify. All articles must have an abstract of maximum 250 words, followed by 3-5 keywords. The experimental articles will have the abstract structured as follows: Introduction-Objective-Methods-Results-Conclusions.

**Text:** Times New Roman, size 12, line spacing 1.5, Justify.

**Content of the paper:** The maximal length of an article must not exceed 12 pages. The experimental articles will have the following structure: Introduction – Hypotheses (or Objectives) – Materials and Methods – Results – Discussion – Conclusions. Other types of articles do not have an imposed format. Tables, figures and graphs will be consecutively numbered (Arabic numerals), will be included in text, and will be edited in black & white format. Each figure, graph and table must have a title (e.g., Figure 1. Title of the figure; Figure 2. Title of the figure; Table 1. Title of the table; Table 2. Title of the table, etc.). In the case of figures and graphs, the title will be placed under the figure. The title of tables will be placed above the table.

**Referencing:** APA style (American Psychological Association)

<http://www.apastyle.org/learn/faqs/index.aspx>

#### The list of references:

- should be alphabetically ordered; in the case of the same author, it should be chronologically ordered, starting with the oldest reference;
- the name of the last author is anteceded by "&;
- for more than 6 authors, the name of the first author is followed by "et al.";
- line spacing is 1.5, hanging indent;
- the elements of each reference and their order are clearly specified;
- the punctuation rules and the use of Italic or Underlined characters are also clearly specified;
- the rules are specific for each type of reference: book, article, conference paper, multimedia document, web, etc.

#### a) Journal articles:

Author, A. A., Author, B. B., & Author, C. C. (publishing year). Article's title. *Journal's title*, volume number, page numbers.

*Example:*

Steele, D., & Hayes, S. C. (1991). Stimulus equivalence and arbitrarily applicable relational responding. *Journal of the Experimental Analysis of Behavior*, 56, 519-555.

Journal article with DOI

*Example:*

Herbst-Damm, K. L., & Kulik, J. A. (2005). Volunteer support, marital status, and the survival times of terminally ill patients. *Health Psychology, 24*, 225-229. doi: 10.1037/0278-6133.24.2.225

**b) Book chapters:**

Author, A. A., & Author, B. B. (publishing year). Chapter's title. In A. Editor, & B. Editor (Ed.), *Book's title* (pages of the cited chapter). Location: Publishing House.

*Example:*

Barnes-Holmes, D., Stewart, I., Dymond, S., & Roche, B. (2000). A behavior-analytic approach to some of the problems of the self: A relational frame analysis. In M. Dougher (Ed.), *Clinical behavior analysis* (pp. 47-74). Reno, NV: Context Press.

**c) Book:**

Author, A. A. (publishing year). *Book's title*. Location: Publishing House.

*Example:*

Skinner, B. F. (1974). *About behaviorism*. London: Penguin.

**d) Electronic document:**

Internet articles based on a printed source

*Example:*

VandenBos, G., Knapp, S., & Doe, J. (2001). Role of reference elements in the selection of resources by psychology undergraduates [Electronic version]. *Journal of Bibliographic Research, 5*, 117-123.

Journal articles in electronic format only

*Example:*

VandenBos, G., Knapp, S., & Doe, J. (2001, March). Role of reference elements in the selection of resources by psychology undergraduates. *Journal of Bibliographic Research, 5*, 117-123. Retrieved from <http://jbr.org/articles.html>

Electronic copy of an article from an online database

*Example:*

VandenBos, G., Knapp, S., & Doe, J. (2001). Role of reference elements in the selection of resources by psychology undergraduates. *Journal of Bibliographic Research, 5*, 117-123. Retrieved from Web of Science database.

Electronic abstract from an online database

*Example:*

VandenBos, G., Knapp, S., & Doe, J. (2001). Role of reference elements in the selection of resources by psychology undergraduates. *Journal of Bibliographic Research, 5*, 117-123. Abstract retrieved from Web of Science database.

**In-text citations**

In APA style, in-text citations include the author and date. Each source cited in the paper must appear in the reference list, and each entry in the reference list must be cited in the text. Please do not put references as footnotes.

**a) Single author paper:**

*Example:*

Griffin (1996) studied the response of the human body to vibrations.

Studies on the human response to vibrations usually use the reactions to pure sinusoidal vibrations (Griffin, 1996).

**b) Multi-author papers:**

Two authors

*Example:*

Cochrane and Stannard (2005) investigated the effects of chronic exposure to vibration.

Exposure to chronic vibration has been proved to produce adverse effects in drivers of trucks (Bovenzi & Hulshof, 1999).

Three, four or five authors

*Example:*

Kisangau, Lyaruu, Horsea and Joseph (2007) concluded [first in-text citation].

Kisangau et al. (2007) suggest [subsequent in-text citation].

Six or more authors

*Example:*

Gerodimos et al. (2010) investigated the effects of different whole body vibration (WBV) amplitudes and frequencies on flexibility and squat jump performance.

The increase in peak force 8 minutes after WBV exposure was 10.4% (McBride et al., 2010).

**c) Two or more sources within the same parentheses:**

The citations of two or more works by different authors should be ordered within the same parentheses alphabetically as they appear in the reference list (including citations that would otherwise shorten to *et al.*). Separate the citations with semicolons.

*Example:*

Several studies investigated the effects of long-term (6 months) WBV exposure on post-menopausal women (Roelants et al., 2004; Russo et al., 2003; Verschueren et al., 2004).

## REVIEWING PROCESS

All articles are reviewed by at least two reviewers, based on the article's profile. After the reviewing process, the contact author is informed by the editor whether the submitted article has been accepted for publication or not.

## DEONTOLOGY

Articles which have been already published or sent for review to other journals are not accepted. The editor will inform the authors in due time whether their articles have been accepted or not. The editor reserves the right to perform modifications regarding **the form (not the content)** of the accepted articles.